

Are You Up-To-Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and help find problems early, when treatment is most effective. Ask your doctor which of these services is right for you.



| ✓ | Preventive service | Date | Notes |
|---|--|------|-------|
| | One time “Welcome to Medicare” Preventive Visit—within the first 12 months you have Medicare Part B (Medical Insurance) | | |
| | Yearly “Wellness” Visit—get this visit 12 months after your “Welcome to Medicare” preventive visit or 12 months after your Part B effective date | | |
| | Abdominal Aortic Aneurysm Screening | | |
| | Alcohol Misuse Screening and Counseling | | |
| | Bone Mass Measurement (Bone Density Test) | | |
| | Cardiovascular Disease (Behavioral Therapy) | | |
| | Cardiovascular Screenings (cholesterol, lipids, triglycerides) | | |
| | Colorectal Cancer Screenings | | |
| | Depression Screening | | |
| | Diabetes Screening | | |

| ✓ | Preventive Service | Date | Notes |
|---|--|------|-------|
| | Diabetes Self-management Training | | |
| | Flu Shot | | |
| | Glaucoma Test | | |
| | Hepatitis B Shot | | |
| | Hepatitis C Screening | | |
| | HIV Screening | | |
| | Mammogram (screening for breast cancer) | | |
| | Medical Nutrition Therapy Services | | |
| | Obesity Screening and Counseling | | |
| | Pap Test and Pelvic Exam (includes a breast exam) | | |
| | Pneumococcal Shot | | |
| | Prostate Cancer Screenings | | |
| | Sexually Transmitted Infections Screening and Counseling | | |
| | Tobacco Use Cessation (counseling to stop smoking) | | |

Your “Guide to Medicare’s Preventive Services” has more information about these and other preventive services, including costs and conditions that may apply. Visit [Medicare.gov/publications](https://www.medicare.gov/publications).



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