

## CLINICAL PRACTICE GUIDELINES 2009-2010

Clinical practice guidelines (CPGs) are systematically developed statements to assist practitioners and patient decisions about appropriate health care for specific circumstances. CPGs are evidence-based and adopted by either national agencies or medical specialty societies. Our Plan has adopted the following set of CPGs for Chronic Care Improvement Programs, Special Needs Plans and Preventive Health Initiatives.

Disease Process	Guidelines
Hypertension	The Seventh Report of the Joint National Committee on Prevention Detection, Evaluation and Treatment of High Blood Pressure; National Institutes of Health and National Heart, Lung and Blood Institute are available on the Web at: <a href="http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf">http://www.nhlbi.nih.gov/guidelines/hypertension/jnc7full.pdf</a> .
Diabetes	The Standards of Medical Care in Diabetes – 2009; American Diabetes Association is available on the Web at: <a href="http://professional.diabetes.org/CPR_search.aspx">http://professional.diabetes.org/CPR_search.aspx</a> .
Asthma	National Asthma Education and Prevention Program Expert Panel Report 3, Guidelines for the Diagnosis and Management of Asthma; Summary Report 2007 are available on the Web at: <a href="http://www.nhlbi.nih.gov/guidelines/asthma/asthsumm.pdf">http://www.nhlbi.nih.gov/guidelines/asthma/asthsumm.pdf</a> .
HIV – Adult	Guidelines for the Use of Antiretroviral Agents in HIV-1-infected Adults and Adolescents; March 2009 are available on the Web at: <a href="http://aidsinfo.nih.gov/Guidelines/Default.aspx">http://aidsinfo.nih.gov/Guidelines/Default.aspx</a> .
HIV-Pediatrics	Guidelines for the Use of Antiretroviral Agents in Pediatric HIV Infection; February 2009 are available on the Web at: <a href="http://aidsinfo.nih.gov/Guidelines/Default.aspx">http://aidsinfo.nih.gov/Guidelines/Default.aspx</a> .
Congestive Heart Failure	Executive Summary: Heart Failure Society of America, June 2009; Comprehensive Heart Failure Practice Guidelines are available on the Web at: <a href="http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.109.192064">http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.109.192064</a> .
Chronic Obstructive Pulmonary Disease	Global Initiative for Chronic Obstructive Lung disease; global Strategy for the diagnosis, management, and Prevention of Chronic Obstructive Pulmonary disease; updated 2008 are available on the Web at: <a href="http://www.goldcopd.com/">http://www.goldcopd.com/</a> .
Cardiovascular Disease	ACC/AHA Guidelines for the Management of Patients with Non-ST Elevation/Unstable Angina – Executive Summary, 2008, are available on the Web at: <a href="http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.108.191099">http://circ.ahajournals.org/cgi/reprint/CIRCULATIONAHA.108.191099</a> .  Third Report of the National Cholesterol Education Program Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults (Adult Treatment Panel III) Executive Summary are available on the Web at: <a href="http://www.nhlbi.nih.gov/guidelines/cholesterol/atp3xsum.pdf">http://www.nhlbi.nih.gov/guidelines/cholesterol/atp3xsum.pdf</a> .  AHA/ACC Guidelines for Secondary Prevention for patients with Coronary and Other Atherosclerotic Vascular Disease: 2006 update are available on the Web at: <a href="http://content.onlinejacc.org/cgi/content/full/47/10/2130">http://content.onlinejacc.org/cgi/content/full/47/10/2130</a> .
Preventive Health	The Guide to Clinical Preventive Services: Recommendations of the U.S. Preventive Services Task Force are available on the Web at: <a href="http://www.ahrq.gov/clinic/pocketgd.htm">http://www.ahrq.gov/clinic/pocketgd.htm</a> .

*References:*

NCQA SNP 1 Complex Case Management, Element C(1).  
Field & Lohr 199, page 38.